Colorado Community Managed Care Network

Community
Health
Association of
Mountain/
Plains
States

Promoting Successful Tobacco Cessation:
Treatment Recommendations &
Systems Changes for CHCs

Presented by Jeffrey J. Cain, MD on March 28, 2007

Please note the following updates and corrections to this CHAMPS/CCMCN webcast presentation:

- According to the American Dental Association, the appropriate coding for tobacco cessation for dental providers is **1320** *Tobacco Counseling for the Control and Prevention of Oral Disease*.

- Medicaid in Colorado covers all FDA approved pharmacotherapy. This includes Chantix as an once-in-a-lifetime, 90-day max benefit, pre-authorization required. Coverage in each state varies, and should be researched individually.

- Contact the tobacco program in your state health department for more information regarding your own state's Quitline, Medicaid tobacco benefits, and other resources related to tobacco control and prevention.

- How Quitlines work: Most states have their own Quitline. When a patient calls *1-800-Quit-Now* they are automatically routed to that state's Quitline, which will provide information about what is offered in that specific state. Most Quitlines also have Spanish speaking coaches and access to an interpretation service for other languages. Colorado has at least seven bilingual (Spanish) speaking coaches.

- Some of the information provided in this presentation is specific to Colorado. If you are in a different state, please contact the tobacco program in your state health department for more information about what your specific state offers.

Thank you for your interest in tobacco cessation. For more information on Colorado's CHC-related tobacco cessation efforts, please contact:

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STAFF ROLE & UTILIZATION SUGGESTIONS

COLORADO CHC
TOBACCO CESSATION
PROGRAM
INFORMATION

WHAT	WHO	HOW	MATERIALS
ASK:	Front Desk Staff; Intake Nurse or MA	On Your Intake Form Add: ▪ "Do you use tobacco products?" ▪ "Have you quit smoking (using tobacco products) in the last 12 months?" ▪ "Are you exposed to Second Hand Smoke?" If you mark 'yes' – ▪ Put QuitLine fax referral form OR Put a Brochure on top of chart.	▪ Change intake form ▪ Update at each visit
DOCUMENT Tobacco Use Status		▪ Add to Problem List - Vital Sheets/Signs – on paper or EMR system ▪ Identify ALL tobacco users by marking patient charts ▪ Place QuitLine educational materials in waiting area ▪ Document tobacco use status, if appropriate, every visit, every patient	▪ Place: 'Tobacco User' sticker or stamp on patient charts ▪ QuitLine fax forms & brochures
	Front Desk Staff; Intake Nurse or MA	▪ Organize smoking cessation materials in convenient places, order and refresh supplies as needed ▪ Replace old materials (i.e. QuitLine brochures) with new ones	▪ Check website for new material www.steppitems.com
ADVISE: Cessation	RN; NP; PA; MD	▪ Place QuitLine Brochures, fax form, and prescription pad on top of chart ▪ During exam (document in chart/medical record) ▪ Use materials (script pocket cards)	▪ Display QuitLine and other cessation posters, brochures, magnets; wear QuitLine button ▪ Include cessation advice and resources in patient newsletters, on website, etc.
REFER: **QuitLine**1800QuitNow	RN; NP; PA; MD	▪ Refer to QuitLine, QuitNet or local cessation class (if available)	▪ QuitLine brochure, fax form and RX pads
ASSESS: Readiness to Quit	RN; NP; PA; MD	▪ During exam (document in chart/medical record)	
ASSIST: Setting up Quit Plan	RN; NP; PA; MD	▪ Counsel ▪ Prescribe smoking cessation medications ▪ Refer to QuitLine, local cessation class, etc. and offer self help resources	▪ Quit Kits, Cessation Material ▪ CCGC Guideline, QuitLine fax referral form, RX pad, brochures
ARRANGE: Follow Up	RN; NP; PA; MD	▪ Ask again at next visit	