Community
Health
Association of
Mountain
Plains
States



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Spring 2008 Quarterly Newsletter

Many Thanks to CHAMPS 2008-2009 Organizational Members

The **2008-2009 CHAMPS Membership Year** began on April 1st, and CHAMPS would like to thank the Region VIII Community Health Centers and Primary Care Associations that have already joined as Organizational Members. Your continued support ensures the maintenance and growth of our services and activities and conveys benefits including free and discounted rates on publications, products, and trainings, access to the Members Only section of the CHAMPS website, and the opportunity to guide CHAMPS programs and services. To learn more about CHAMPS, please visit www.CHAMPSonline.org/About/CHAMPS/.

To determine if your organization is a current CHAMPS Organizational Member, visit www.champsonline.org/About/CHAMPS/Org_Members.asp. If you have any questions about CHAMPS membership, please contact julie@CHAMPSonline.org.

Be Involved: National Health Center Week 2008

National Health Center Week 2008 will be celebrated Sunday, August 10 through Saturday, August 16. This year's theme is "America's Health Centers: Home of America's Health Care Heroes", recognizing the vital role of health center providers in achieving the success of the health center mission. Two days have been set aside to focus on special populations often left outside of the mainstream health care system: Health Care for the Homeless Day on Wednesday, August 13th and Farmworker Health Day on Thursday, August 14th. Visit www.healthcenterweek.org for downloadable materials including sample press materials, event planning ideas, Health Center fact sheets, and Spanish language materials.

NWRPCA/CHAMPS Annual Conference

The 2008 CHAMPS/NWRPCA Annual Primary Care Conference will be held October 18-22 at the Denver Marriott City Center in Denver, Colorado. Health Center, Primary Care Association (PCA), and Primary Care Office (PCO) staff and board members from across Regions VIII and X will have the opportunity to network and learn about current events and best practices for health center disciplines. Multiple tracks are designed to meet the needs of staff and board members at all levels.

Inside this Issue:

- CHAMPS: NACHC CHI; CHC Skills Survey; Grant Opportunities
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- MPCN: Spanish Training Survey Results; Spanish Training Opportunities; Immunization Pocket Cards; Join the HRSA PSPC
- Regional & National News: RVIII Leaders Honored; Community Health Report
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Would you like to help plan this year's offerings? Contact <u>julie@CHAMPSonline.org</u>. Visit <u>www.CHAMPSonline.org/Events/Conference.asp</u> for available conference details.

CHAMPS NEWS, CONTINUED

Looking Forward: NACHC CHI

The National Association of Community Health Centers (NACHC) is hosting the 2008 Convention & Community Health Institute (CHI) and Expo September 12-17 at the New Orleans Hilton in New Orleans, Louisiana. For more details, please visit www.nachc-chi.com/.

- ★ During the CHI, NACHC will be presenting their 2008 Community Health Care Awards of Excellence to outstanding men and women for excellence exemplified in community health care and contributions to the Community Health Center Movement overall. NACHC is currently accepting nominations for these awards, with a submission deadline of Friday, May 30th. Submit online nominations at www.nachc.com/AwardPrograms.cfm.
- ★ NACHC Membership will be electing new officers during the Annual House of Delegates Meeting at the CHI, and NACHC is seeking candidates for the offices of Chair-Elect of the Board, Secretary, Treasurer, and Consumer/Board Member Representative. For more information about the nomination process and for a nominations form, contact Darline DeMott (ddemott@nachc.com) or Velma Hendershott (velma@intercare.org). Nominations are due by Sunday, June 15th.

CHAMPS/NWRPCA CHC Core Skills/Competencies Survey

In April CHAMPS and NWRPCA distributed a CHC Core Skills/Competencies Survey to health center leaders across Regions VIII and X. We would like to thank the over 200 people from all ten Region VIII and X states who responded to that survey. This valuable input will be used to plan future Annual Conferences and all other CHAMPS trainings.

Check Out these Grant Opportunities in Region VIII States!

The ADA Foundation Samuel D. Harris Fund Grants

Eligibility: Community-based, nonprofit, oral health promotion programs in the United States and its territories

Amount: Up to \$5,000

Purpose: To support oral health promotion programs designed to improve and

maintain children's oral health through community education and outreach

Deadline: July 17, 2008

Visit www.adafoundation.org/ada/adaf/grants/harris.asp for more details.

Union Pacific Community Based Grant Program

Eligibility: Community where the organization is based must be served by Union Pacific Railroad Purpose: Includes assisting organizations dedicated to improving the level of health care or

providing human services in the community

Deadline: August 15, 2008 for 2009 applications

Visit www.up.com/found/grants.shtml#1 for more details.

United Healthcare Children's Foundation Grants for Families Struggling with Child Health-Related Costs

Eligibility: Parents and legal quardians of children 16 years of age or younger, meeting economic guidelines, residing in the United States and covered by a health benefit plan

Amount: Up to \$5,000 each

Purpose: To help children who need critical healthcare treatment, services, or equipment not

covered or not fully covered by their parents' health benefit plans

Deadline: Open

Visit www.uhccf.org/ for more details.

WORKFORCE DEVELOPMENT NEWS

Encouraging successful careers and strong, cutting-edge organizations by providing live and archived continuing education, recruitment and retention tools, and the latest information on current trends and statistics

Upcoming Live CHAMPS Webcasts

CHAMPS live, online webcasts offer a convenient avenue for continuing professional education. Each is available for 1.5 Continuing Medical Education (CME) credits, and **attendance is FREE for participants from CHAMPS Organizational Members** (including computer link and credit). Other participants will be charged \$75 per link to the webcast and \$15 per person for CME credit unless otherwise indicated.

Please visit <u>www.CHAMPSonline.org/About/CHAMPS/Org_Members.asp</u> to determine if your organization is a current CHAMPS Organizational Member.

Screening, Brief Intervention, Referral to Treatment (SBIRT) Series

CHAMPS is collaborating with the Colorado Clinical Guidelines Collaborative (CCGC) and SBIRT Colorado to offer a three-webcast series addressing how to implement **Screening**, **Brief Intervention**, **and Referral to Treatment (SBIRT)** in healthcare settings. SBIRT is an evidence-based approach to reducing risky substance use and improving health outcomes. The SBIRT practice consists of universal screening in healthcare settings to identify healthcare risks related to substance use, brief intervention using motivational conversation to explore options for positive change, and referral to specialized treatment during any phase of the process.

Please note: Due to the generous sponsorship of CCGC, the events in this series are also free for all participants from Colorado (including computer link and CME).

Session 1:

How to Implement Screening, Brief Intervention, Referral to Treatment (SBIRT)

Date: Wednesday, May 28, 2008 **Time:** 11:30 AM – 1:00 PM MT

Presenter: John C. Higgins-Biddle, Ph.D., retired, Department of Community Medicine, University of

Connecticut School of Medicine

Target Audience: Primary care physicians, physician assistants, nurses, medical assistants, clinic support staff, and interested healthcare professionals

Topics:

- What and why of SBIRT, including a brief history of SBIRT
- How to provide universal screening in healthcare settings
- Essential elements of brief intervention
- Critical steps of evidence-based SBIRT practices

Click HERE to register for Session 1 of the SBIRT Webcast Series Advance Registration is Required!

Session 2 of this series will highlight the **brief intervention and brief therapy** components of the SBIRT approach to screening patients for alcohol and substance use and connecting patients with risky levels of use to appropriate services. Registration will open soon.

Save the Date for Session 2: Wednesday, August 20th from 11:30 AM - 1:00 PM MT

Session 3 of this series will introduce a **new clinical guideline** for alcohol and substance use screening, brief intervention, and referral to treatment. Registration will open this summer. **Save the Date for Session 3: Tuesday, October 7**th **from 11:30 AM – 1:00 PM MT**

WORKFORCE DEVELOPMENT NEWS, CONTINUED

Upcoming Live CHAMPS Webcasts, continued

Oral Health Basics for the Primary Care Provider

In the search for better health for CHC patient populations, there is a key body part that is often neglected....the mouth! Evidence for connections between oral health and systemic health exist, and integrating oral health into the existing patient care processes will improve patient outcomes.

Date: Tuesday, June 24, 2008 **Time:** 11:30 AM – 1:00 PM MT

Presenter: Michael E. Crutcher, DDS, Community Health Center of the Black

Hills

Target Audience: CHC doctors, mid-levels, nurses, dentists, dental

hygienists, clinical support staff, and CEOs

Topics:

- Caries as a preventable infectious/transmissible disease
- Detection of Early Childhood Caries (ECC) and use of fluoride varnish in the practice/clinic
- Relationship of Periodontal Disease with cardiovascular disease, diabetes, reproductive outcomes, and pancreatic cancer
- Effects of oral contraceptives, heart medicines, antidepressants, and other prescribed medicines on the oral tissues
- Detection of caries on adolescent/adult teeth: meth mouth and soda pop caries
- Effects of tobacco products on the oral soft and hard tissues

<u>Click HERE to register for "Oral Health Basics for the Primary Care Provider"</u>
<u>Advance Registration is Required!</u>

Did You Miss It? CHAMPS Archived Webcasts

All CHAMPS webcasts are archived online and on CD-ROM. Online archives are available for one year beyond the live presentation date, and one free copy of each CD is distributed to current CHAMPS Organizational Members (additional copies may be purchased or borrowed through the CHAMPS Lending Library.) Currently available online archives include:

Change for the Better: Creating Work Relationships that Work

Presented by Libby Wagner, this three-webcast series is designed to improve productivity, trust, and morale in the workplace; each event can be utilized individually, and participants of all three events will build upon concepts and skills learned in previous sessions.

Session One: Creating Positive Work Relationships

Tools for Increasing Trust and Building Commitment to Shared Goals

*Online through September 2008

*CME credit available through September 2008

Replay Number: 2146000485

Session Two: Introduction to Ethical Influencing

Asking for What You Want and Making Behavior Requests

*Online through November 2008

*CME credit available through November 2008 Replay Number: 2146000866

Session Three: Confrontation without Conflict

How to Address Difficult Issues Directly and Respectfully

*Online through January 2009

*CME credit available through January 2009 Replay Number: 2146001198



WORKFORCE DEVELOPMENT NEWS, CONTINUED

Replay Number: 1246001066

CHAMPS Archived Webcasts, continued

Medications for Diabetes and Its Complications: A Case-Based Approach

Presented by Laura Shane-McWhorter, PharmD

*Online through December 2008

*CME credit available through December 2008;

1.5 contact hours of continuing pharmacy education credit available through January 15, 2009

Would you like to view one of these CHAMPS archived webcasts? Visit www.vcall.com/replay and enter the Replay Number provided.

For descriptions of these events and other available online education, please visit www.CHAMPSonline.org/Events/Distance_Learning.asp.

For more information about buying or borrowing archived webcasts on CD-ROM, please visit www.CHAMPSonline.org/Tools/PubsElectronicMedia.

Coming Soon: Region VIII Salary, Benefits, & Turnover Survey

CHAMPS and Region VIII State Primary Care Associations have been working together to design the third round of the **Region VIII Health Center Salary**, **Benefits**, **and Turnover Survey**.

Published every two years since 2004, the resulting report of collected data will be:

- ★ A valuable component for evaluating existing salary and benefits structures for all health center employees
- **★** Useful when addressing Executive compensation questions
- ★ A component for determining the economic impact of health centers
- ★ A source for monitoring regional health center workforce trends
- ★ Completely CONFIDENTIAL; all reported data will be in aggregate

We hope that all Region VIII community, migrant, and homeless health centers will participate in this opportunity to provide a regional snapshot of salary and benefits structures and workforce trends across the Mountain/Plains states. The survey tool will be emailed to health center Executive Directors, Finance Directors, and Human Resources contacts beginning June 2nd, with responses due by July 31st. The report of the collected data will be published and available in October 2008.

Please contact <u>andrea@CHAMPSonline.org</u> with any questions about this valuable project.

Upcoming: NAO Annual Conference

The National AHEC (Area Health Education Center) Organization (NAO) 2008 Annual Conference will be held June 28 – July 1 at the Adams Mark "soon-to-be" Sheraton Denver Hotel in Denver, Colorado. More than 600 health education professionals from across the country will have four days to focus on efforts to improve health care in underserved communities.

View complete session descriptions and the conference agenda at www.nationalahec.org. Register online at https://www.nationalahec.org/Conference2008/default.asp. Questions? Contact NAO Headquarters at 888-412-7424.

CHAMPS staff will exhibit at this event, promoting the CHC model and advertising the career opportunities listed on the CHAMPS online **Job Opportunities Bank (JOB)**. Region VIII community, migrant, and homeless health centers may advertise any open positions on the Job Opportunities Bank (JOB) free of charge.

Contact andrea@CHAMPSonline.org to post your positions today!



WORKFORCE DEVELOPMENT NEWS, CONTINUED

NHSC Events and Programs

The **2008 National Health Service Corps (NHSC) Scholar Conference** will be held July 31 – August 2, 2008 at the Tampa Marriott Waterside Hotel in Tampa, Florida. The conference, held in the summer of each year, provides information about matching scholars to NHSC approved sites as well as a job fair. It also provides scholars with resources to better prepare them for the site selection process and service in the NHSC. Online registration will begin soon at www.blsmeetings.net/scholar08.

Are you an eligible site with a provider seeking loan repayment? The NHSC **Loan Repayment Program Application** is now available online at http://nhsc.bhpr.hrsa.gov/applications/lrp/.

Study: CHC-Trained Physicians Help Meet Workforce Needs

The University of Washington recently published a study entitled *Training Family Physicians in Community Health Centers: A Workforce Solution* which finds that training family physicians in health centers will help meet the health workforce needs of the underserved and enhance recruitment of family physicians to health centers.

Read the study at www.stfm.org/fmhub/fm2008/April/Carl271.pdf.

Note: Link to other CHC workforce-related studies and reports at www.CHAMPSonline.org/Tools/RRResources/default.asp.

MOUNTAIN/PLAINS CLINICAL NETWORK (MPCN) NEWS

Providing professional, administrative, and educational support to all clinicians that practice in Community, Migrant, and Homeless Health Centers in Region VIII to ensure the delivery of the highest possible quality of care to poor and underserved populations

Results: Spanish Language Training Needs Survey

In March 2008, CHAMPS conducted a survey to determine the Spanish language training needs of CHC staff in Region VIII. CHAMPS received 187 responses, for a 26% response rate. Many thanks to those who provided their valuable input!

- ★ Over 60% of respondents said they were interested in attending an intensive Spanish language training for health professionals in 2008. In response, CHAMPS is beginning the process of organizing a live training, **Spanish Language for Healthcare Professionals**, in September 2008 (see the save the date announcement on page 7).
- ★ Over 50% of respondents indicated an interest in Spanish language practice teleconference calls. Over 80% of these respondents said they would like to practice their skills on a teleconference

call at least once a quarter. In response, CHAMPS will hold its first Beginning Spanish Language Skills, Practice Group Teleconference on May 21, 2008 for CHC staff with some beginning Spanish speaking skills. Registration for this teleconference is full with 25 registrants. This offering is undergoing a PDSA (plan, do, study, act) cycle, and once an analyses of the number of

participants, post event evaluation comments, and cost factors are completed, CHAMPS staff will have a better idea if this is a useful and feasible activity to continue to offer.

SAVE THE DATE: Spanish Language for Healthcare Professionals, September 25-27, 2008

CHAMPS will host its fifth annual **Spanish Language Training for Healthcare Professionals** September 25-27, 2008. This live, three-day training will be held in the Denver area (exact location TBD). Trainers Joanna Rios, Ph.D. and Jose Fernandez Torres, of Rios Associates, will once again provide their teaching expertise. CHAMPS will send details including location, lodging, and prices to all Region VIII CHCs once available.

FREE Resource: Child/Adolescent Immunization Pocket Cards

CHAMPS has acquired a small supply of immunization pocket cards created by the Colorado Children's Immunization Coalition. The pocket cards are 4 x 2 ½ inches in size (the size of a name badge) and can be attached to a badge or key ring. There is one card for children, ages birth to six years, and one card for adolescents, ages 11 to 18 years. Each pocket card provides the minimum time interval from previous dose for each age group. CHAMPS member CHCs can obtain these pocket cards by emailing shannon@CHAMPSonline.org. Please specify how many children and adolescent pocket cards you would like and a mailing address where they can be sent.

Online Resource: NIH Source for Women's Health Research

The National Institutes of Health (NIH) recently announced a new web resource providing consumers with the latest information on significant topics in women's health. The National Library of Medicine (NLM) and NIH partnered to create this one-stop resource including topics with links to resources and research initiatives for women's health. For example, users can find a listing of topics such as infant care, girls and obesity, teen pregnancy, lesbian health, family issues, mammography, and senior women. Each topic area includes various categories of information such as basics, research, multimedia tools, and a reference shelf.

This resource can be found at http://sis.nlm.nih.gov/outreach/womenshealthoverview.html.

Invitation to Join: HRSA Patient Safety and Clinical Pharmacy Services Collaborative (PSPC)

The Health Resources and Services Administration (HRSA) is inviting community-based teams of health care providers to join a quality improvement breakthrough effort called the *Patient Safety* and *Clinical Pharmacy Services Collaborative (PSPC*). The mission of this Collaborative is to advance the delivery of world class care by spreading the integration of clinical pharmacy services and patient safety principles to improve health outcomes in safety-net populations, with an overall goal to put in place, across multiple health care partners, a service delivery system for high-risk patients that will produce integration of clinical pharmacy services, improved patient safety, and improved patient health outcomes. The PSPC offers an 18-month rapid learning process to bring together inter-professional teams from multiple organization types within communities to make rapid and sustainable improvement in how care is delivered to patients. The first Learning Session will be held August 14–15, 2008. Visit www.hrsa.gov/patientsafety/ for the "PSPC Overview and Participation Information".

More information will be available during two upcoming teleconferences:

- May 28th, 12–1 PM EST; overview of the participation package and answer questions
- June 4th, 12–1 PM EST; PSPC learning process and pre-work beginning July 15, 2008

Both calls can be accessed by calling 1-866-843-0890, access code 5541910. Your request to participate in the Collaborative must be received by July 1, 2008. Email questions to patientsafety@hrsa.gov.

REGIONAL AND NATIONAL NEWS

To submit an article about state, regional, or national news, please contact andrea@CHAMPSonline.org.



Region VIII Health Center Leaders Recognized

Several leaders of the health center movement based in Region VIII have recently been recognized for their commitment to health center populations and their ability to create positive change.

- * Allan Ainsworth, Executive Director of Fourth Street Clinic in Utah, and Marguerite Salazar, President and Chief Executive Officer of Valley-Wide Health Systems, Inc. in Colorado, were named recipients of the National Association of Community Health Center's (NACHC's) top annual award, the *Elizabeth K. Cooke Advocacy MVP Award*. This award is given in recognition of those who went above and beyond in their efforts to ensure their members of Congress actively supported Health Centers, or to establish and expand grassroots advocacy efforts at their health center or in their state.
- ★ Annette Kowal, Chief Executive Officer of Colorado Community Health Network (CCHN), was inducted into the *NACHC Grassroots Hall of Fame*. Hall of Fame Members have all made lasting contributions to ensuring the creation, survival, and strength of health centers and the health center movement.
- ★ Ross Brooks, Director of Health Center Operations at Colorado Community Health Network (CCHN), was honored with the Geiger Gibson Program in Community Health Policy 2008 Emerging Leader Award. This award was established in 2007 to share the accomplishments of a new generation of health center leaders.
- **★ Virgilio Licona, MD**, Associate Medical Director of Plan de Salud Del Valle, Inc., in Colorado, was awarded NACHC's *Lifetime Achievement in Migrant Health* Award for his outstanding career and dedication to farmworker health.

Congratulations, and thank you all for your contributions to the Region VIII health center community!

Report: Community Health and the Economy

The Geiger Gibson/RCHN Community Health Foundation Research Collaborative recently released Research Brief #1, *How Does Investment in Community Health Centers Affect the Economy?* This brief estimates that a \$250 million appropriations increase in the community health centers program would yield health care for an additional 1.8 million patients and a nationwide four-to-one return on investment. Learn more about the impact of increased investment in health centers at the RCHN Community Health Foundation website.

Asthma Awareness Month

May is Asthma Awareness Month, and the US Environmental Protection Agency (EPA) is offering tools to enhance their national effort to raise awareness about asthma. These resources include Spanish language asthma education materials, making it convenient to reach out to Spanish-language populations in your community.

For more information about Asthma Awareness Month, visit www.epa.gov/asthma/awm/index.html.

Visit EPA's Asthma Awareness Month Web page in Spanish at www.epa.gov/asthma/awm_sp.html for comprehensive information, tools, and resources for Spanish-language communities.

May is also:

<u>Healthy Vision Month</u> <u>Hepatitis Awareness Month</u> <u>Mental Health Month</u>

National Teen Pregnancy Prevention Month

UPCOMING EVENTS – MARK YOUR CALENDARS

Visit the interactive online CHAMPS calendar - www.CHAMPSonline.org/Events/Calendar.asp

MAY

Wednesday, May 28th

How to Implement Screening, Brief Intervention, Referral to Treatment (SBIRT)

CHAMPS/CCGC/SBIRT CO Live Webcast

www.CHAMPSonline.org/Events/Distance Learning.asp

Monday, May 26th Memorial Day

JUNE

Wednesday, June 11th - Saturday, June 14th

National Health Care for the Homeless Conference and Policy Symposium

Hyatt Regency Hotel, Phoenix, AZ

www.nhchc.org/2008conference/2008conference.html

Monday, June 23rd - Wednesday, June 25th **BPHC All Grantee Meeting**

Gaylord National Resort and Convention Center, National Harbor, MD www.team-psa.com/bphc2008/home.asp

Tuesday, June 24th

Oral Health Basics for the Primary Care Provider

CHAMPS Live Webcast

www.CHAMPSonline.org/Events/Distance_Learning.asp

Saturday, June 28th - Tuesday, July 1st **National AHEC Organization Conference**

Adam's Mark Hotel, Denver, CO

www.nationalahec.org/home/index.asp



Wednesday, July 16th - Friday, July 18th National Health Care for Public Housing Residents Conference Chicago Hilton, Chicago, IL

www.healthandpublichousing.org

Saturday, June 14th Flag Day

Sunday, June 15th Father's Day

Friday, June 20th **Summer Solstice**

Friday, July 4th Independence Day

Looking Forward

NHSC Scholar Conference

July 31 – August 2 www.blsmeetings.net/ scholar08

National Health **Center Week** August 10-16 www.healthcenter week.org

NACHC CHI and Expo September 12-17

www.nachcchi.com online.org

CHAMPS Spanish Language Intensive September 25-27 Shannon@CHAMPS

CHAMPS/NWRPCA **Annual Primary Care** Conference

October 18-22 www.champsonline.org/ Events/Conference.asp

Please let us know if your email address has changed.

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