



## Fall 2007 Quarterly Newsletter

### *Welcome to the 2007 Annual Primary Care Conference!*

CHAMPS and Northwest Regional Primary Care Association (NWRPCA) welcome you to Seattle and the **10<sup>th</sup> Anniversary Edition of the NWRPCA/CHAMPS Annual Primary Care Conference!** Check your conference program for sessions and plenaries addressing leadership and management skills, human resources, clinic operations, advocacy, board responsibilities, hot topics, and federal and national updates.

#### **CHAMPS Meetings at the Conference:**

##### ***CHAMPS Executive Committee Dinner Meeting***

Saturday, October 20<sup>th</sup>, 5:30 – 7:30 PM, Columbia Room, 4<sup>th</sup> Floor

##### ***CHAMPS Annual Board of Directors Meeting***

Sunday, October 21<sup>st</sup>, 5:30 – 7:30 PM, East Room, 3<sup>rd</sup> Floor

##### ***Mountain/Plains Clinical Network Steering Committee Dinner Meeting***

Monday, October 22<sup>nd</sup>, 6:00 – 8:00 PM, North Room, 3<sup>rd</sup> Floor



Don't miss the **Welcome Reception** in the Federal Ballroom on Sunday the 21<sup>st</sup> from 7:00 – 9:00 PM. Reconnect with your friends and colleagues from across the nation while enjoying hors d'oeuvres, a cash bar, and great music.

Be sure to visit our **exhibitors** in the Courtyard Foyer on Monday and Tuesday; they've contributed great prizes (iPods, gift certificates, etc.) that you can win by visiting each booth and completing your Passport Card. Exhibitor prizes will be awarded at the Morning Plenary on Tuesday the 23<sup>rd</sup> from 9:00 – 11:30 AM, and you must be present to win!

This year's **raffle** will benefit Cocoon House, Snohomish County's only resource working exclusively to alleviate and prevent youth homelessness. Visit the registration desk to donate a raffle prize and to buy raffle tickets. The raffle drawing will also be held during the Morning Plenary on Tuesday.

Download a **conference brochure** with session information, view an **online schedule of sessions**, and access **hotel information** at <https://www.nwrpca.org/onevent/details.php?id=1107>.

Did you bring your family along? Check out **Seattle tourist highlights** at <http://www.ci.seattle.wa.us/html/visitor/>.

#### ***Inside this Issue:***

- CHAMPS Development Corner, '07-'08 RVIII Health Center Directory, HRSA Opportunities and Announcements
- Workforce Development: Work Relationships Webcast Series, Archived Webcasts, Nonprofit Compensation Resource
- MPCN: Welcome New Clinical Programs Director, Diabetes Medication Webcast, Women's Health Materials
- Regional & National News: RVIII Awardees, Fellowship Opportunity
- Upcoming Events
- CHAMPS Contacts

## CHAMPS' Development Corner

CHAMPS would like to promote two funding opportunities available to Region VIII CHCs:

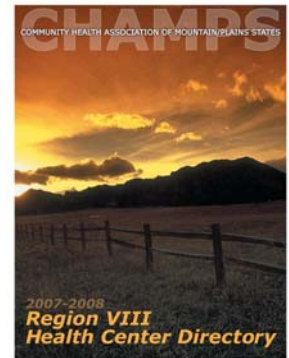
★ **The Helen K. and Arthur E. Johnson Foundation**, based in Colorado, funds direct service organizations that focus on community and social services, youth, health, seniors, education, and civic and cultural initiatives. More information can be found on their website at <http://www.johnsonfoundation.org>.

★ **The Robert Wood Johnson Foundation** has announced an upcoming Call For Proposals (CFP) for its Vulnerable Populations grant program. The **Reclaiming Futures: Communities Helping Teens Overcome Drugs, Alcohol & Crime** CFP will be released in November 2007. For more information on this, and other grant opportunities with the Robert Wood Johnson Foundation, please visit <http://www.rwjf.org>.

Please contact Erin Cummings Morrissette at (303) 861-5165 x 225 or [erin@championline.org](mailto:erin@championline.org) for more information.

## Looking for a Colleague in Region VIII?

The **CHAMPS 2007-2008 Region VIII Health Center Directory** is now available in print and online. This comprehensive listing of all Region VIII Community, Homeless, and Migrant Health Centers (CHCs) and state Primary Care Associations showcases Region VIII's health centers while facilitating networking and the sharing of best practices between professional staff. CHAMPS Organizational Members have already received one free copy of the printed version of the directory and have access to the searchable online version located in the **Members Only** section of the CHAMPS website. Non-members and other interested parties nationwide are invited to purchase a printed copy.



For more information and to download an Order Form to purchase additional copies, please visit <http://www.championline.org/tools/PubsElectronicMedia/Publications/default.asp#directory>.

## HRSA Opportunities and Announcements

On September 28, 2007 the Health Resources and Services Administration (HRSA) announced a **New Access Point (NAP) grant competition** for Fiscal Year 2008. Applicants must apply electronically through Grants.gov, <http://www.grants.gov/>, no later than 8:00 PM Eastern Time on December 18, 2007. For more details and to download the guidance, please visit: <https://grants.hrsa.gov/webExternal/FundingOppDetails.asp?FundingCycleId=2FABCACB-0300-46D3-958F-1BB9D021CA11&ViewMode=EU&GoBack=&PrintMode=&OnlineAvailabilityFlag=&pageNumber=&version=&NC=&Popup>

In early October HRSA also released the **Calendar Year (CY) 2008 Performance Review Schedule** for the Office of Performance Review (OPR). Performance reviews allow OPR to measure program performance, analyze factors impacting performance, and identify effective strategies and partnerships to improve performance. Visit <http://www.hrsa.gov/performance-review/> to see the CY 2008 schedule.

On February 28, 2008 HRSA's Bureau of Health Professions (BHP) and Bureau of Primary Health Care (BPHC) will hold the **State Primary Care Office and State/Regional Primary Care Association Meeting** at the Hilton Washington Hotel in Washington, DC. HRSA is seeking three PCO and three PCA representatives to work on a planning committee for this event. To volunteer for the planning committee and for more information about this opportunity to network, collaborate, and exchange ideas, please contact Valorie DeVonish, [vdevonish@hrsa.gov](mailto:vdevonish@hrsa.gov), or Tracey Orloff, [torloff@hrsa.gov](mailto:torloff@hrsa.gov).

# WORKFORCE DEVELOPMENT NEWS

*Encouraging successful careers and strong, cutting-edge organizations by providing live and archived continuing education, recruitment and retention tools, and the latest information on current trends and statistics*

## **Webcast Series Encourages Positive Workplace Interactions**

The first session in the CHAMPS webcast series **Change for the Better: Creating Work Relationships that Work** was met by great appreciation on October 4<sup>th</sup> by over 200 participants from eight states. "Creating Positive Work Relationships: Tools for Increasing Trust and Building Commitment to Shared Goals," is now available as an online archive and will soon be released on CD-ROM. **Please see page four for more details about this and other CHAMPS archives.**

The three webcasts in this series are presented by **Libby Wagner**, and designed to help CHC and PCA clinical staff, non-clinical staff, and board members create positive relationships with coworkers and peers, ultimately improving productivity, trust, and morale in the workplace. Participants will leave with concrete resources, specific communication tools, and immediately useable skills for creating positive change in the workplace.

**Read on for more information about Sessions Two and Three:**

### **SESSION TWO – INTRODUCTION TO ETHICAL INFLUENCING: Asking for What You Want and Making Behavior Requests**

Wednesday, December 5, 2007, 11:30am – 1:00pm Mountain Time

- \*Converting undesirable behaviors to desirable behaviors
- \*Dealing with real-time issues that need to be resolved
- \*Utilizing specific, positive feedback as an additional influencing tool

#### **Registration Link:**

<https://comp17.eventcenterlive.com/cfm/ec/register/reg.cfm?BID=1&RegID=037683D7>

#### **Participant Comments from Session One:**

- *Hands down one of the best and most useful workshops I've attended!*
- *My whole office participated and we enjoyed the training – thanks!*
- *Excellent content and presentation*
- *There are always some problems or challenges in the workplace with others. I found many possibilities for solving my challenges here.*

**You may attend any combination of sessions. Please register for each session separately.**

### **SESSION THREE – CONFRONTATION WITHOUT CONFLICT: How to Address Difficult Issues Directly and Respectfully**

Thursday, February 7, 2008, 11:30am – 1:00pm Mountain Time

- \*Three kinds of respectful confrontations
- \*Dealing with tough emotional interactions
- \*Strengthening relationships through honest communication

#### **Registration Link:**

<https://comp17.eventcenterlive.com/cfm/ec/register/reg.cfm?BID=1&RegID=038144E5>

**These events will be offered for 1.5 hours of CME credit (determination of credit is pending).**

**Participation is free for Region VIII CHCs and PCAs. Other participants will be charged \$50/webcast link and \$15/person for CME credit after the event.**

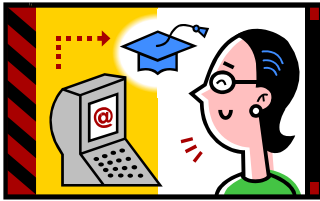
**All registration links and details about these and other Distance Learning opportunities can be found at [www.CHAMPSonline.org/Events/Distance\\_Learning.asp](http://www.CHAMPSonline.org/Events/Distance_Learning.asp).**



## **Clinical Webcast to Address Diabetes Medications**

CHAMPS will offer a new clinical webcast, **Medications for Diabetes and Its Complications; A Case-Based Approach**, on January 16, 2008. **Please see page five for more details.** (Look for the "medication" clip art!)

## **CHAMPS Archived Webcasts**



All CHAMPS webcasts are archived online and on CD-ROM to give Region VIII CHCs and PCAs the on-demand opportunity to participate in continuing education. Online archives are available for one year beyond the live presentation date. Most archives are also available for 1.5 hours of Continuing Medical Education (CME) credit for one year. For descriptions of available online education, please visit [http://www.CHAMPSonline.org/Events/Distance\\_Learning.asp](http://www.CHAMPSonline.org/Events/Distance_Learning.asp).

**Currently available online archives include:**

### **Practical Approaches to Managing Your Overweight & Obese Patients**

Presented by Victoria Catenacci, MD  
*\*Online through October 2007; CME available*  
**Replay Number: 1286131635**

### **Gestational Diabetes: New Concepts, New Guidelines**

Presented by Linda Barbour, MD, MSPH  
*\*Online through February 2008; CME available*  
**Replay Number: 155844**

### **Promoting Successful Tobacco Cessation: Treatment Recommendations & Systems Changes for CHCs**

Presented by Jeffrey J. Cain, MD  
*\*Online through March 2008; CME not available*  
*\*To download and print a list of **Updates, Clarifications, and More Useful Material** for this webcast, please visit*  
<http://www.CHAMPSonline.org/events/DistanceDocuments/TobCessWebcastUpdates.pdf>.  
**Replay Number: 1286132153**

### **Creating Positive Work Relationships: Tools for Increasing Trust & Building Commitment to Shared Goals**

Presented by Libby Wagner  
*\*Online through September 2008; Application for CME credit has been filed with AAFP. Determination of credit is pending.*  
**Replay Number: 2146000485**

To view an online archive, visit <http://www.vcall.com/replay> and enter the Replay Number.

**CD-ROMs of these events** are available approximately one month after the live presentation date. One free copy of each CD is distributed to current CHAMPS Organizational Members, and additional copies may be purchased, or borrowed through the CHAMPS Lending Library. For more information about buying or borrowing archived webcasts on CD-ROM, please visit <http://www.CHAMPSonline.org/Tools/PubsElectronicMedia>.



## **RESOURCE: A Look at Nonprofit Compensation**

In early October, GuideStar.org released the **2007 GuideStar Nonprofit Compensation Report**, based on observations from over 56,000 Forms 990 filed by 501(c) organizations during Fiscal Year 2005. For highlights about the report's findings relating to gender, program area, and geography, visit <http://www.guidestar.org/DisplayArticle.do?articleId=1162>.

# MOUNTAIN/PLAINS CLINICAL NETWORK (MPCN) NEWS

*Providing professional, administrative, and educational support to all clinicians that practice in Community, Migrant, and Homeless Health Centers in Region VIII to ensure the delivery of the highest possible quality of care to poor and underserved populations*

## **Welcome New CHAMPS Clinical Programs Director**

CHAMPS is pleased to welcome our newest staff member, **Clinical Programs Director Shannon Kolman**. Shannon will begin her time with CHAMPS on October 21<sup>st</sup> at the Annual Primary Care Conference in Seattle, WA, and then will bring her expertise to the creation and management of CHAMPS clinical programs and services. She has many years of experience coordinating preventive health programs and clinical initiatives, including childhood/adolescent health, smoking cessation, women's health, and influenza. Welcome Shannon!

*As of October 29<sup>th</sup>, you may contact Shannon at 303-861-5165 x236 or [shannon@CHAMPSonline.org](mailto:shannon@CHAMPSonline.org).*

## **Upcoming Clinical Webcast Addresses Diabetes Medications**

Region VIII CHC and PCA clinicians, we invite you to attend an upcoming clinically-themed CHAMPS webcast. This event will include continuing education credit (determination of credit is pending).



### **Medications for Diabetes and Its Complications; a Case-Based Approach**

**Date/Time:** Wednesday, January 16, 2008 from 11:30 AM – 1:00 PM Mountain Time

**Presenter:** Laura Shane-McWhorter, PharmD, Professor, Department of Pharmacotherapy, University of Utah College of Pharmacy

#### **Using patient cases, participants will be able to:**

- ★ Discuss the current controversy surrounding glitazone use.
- ★ Describe use of newer agents for diabetes including inhaled insulin and DPP-IV inhibitors.
- ★ List new American Heart Association target blood pressures for specific disease states.
- ★ Review information regarding the direct renin inhibitor, aliskiren.
- ★ Discuss priorities in hyperlipidemia treatment in patients with diabetes.

*Free for Region VIII Community, Migrant, and Homeless Health Centers and Primary Care Associations (others will be charged \$50/webcast link and \$15/person for CME credit after the event).*

**Advance registration is required.** Please register online at

<https://comp17.eventcenterlive.com/cfm/ec/register/reg.cfm?BID=1&RegID=43A750F7>

or visit [http://www.champsonline.org/Events/Distance\\_Learning.asp](http://www.champsonline.org/Events/Distance_Learning.asp) to link to the registration page.

## **RESOURCE: Spanish Women's Health and Wellness Materials**

The **Bright Futures for Women's Health and Wellness** (BFWHW) initiative, a project of the Health Resources and Services Administration (HRSA), Office of Women's Health, contains materials designed to empower women in their health care decision-making and to support community-wide health promotion efforts. A variety of materials are available for consumers, primary care providers, and communities; currently available tools address physical activity and healthy eating, and materials for adult women are available in Spanish. (Reference inventory codes MCH00178 for English and MCH00208 for Spanish.)

Download free materials at <http://www.hrsa.gov/womenshealth>.

Request free print copies from the Health Resources and Services Administration's Information Center, 1-888-ASK-HRSA or [ask@hrsa.gov](mailto:ask@hrsa.gov).

## REGIONAL AND NATIONAL NEWS

To submit an article about state, regional, or national news, please contact [andrea@CHAMPSONline.org](mailto:andrea@CHAMPSONline.org).

### **Region VIII Awardees: NACHC Community Health Care Awards of Excellence**

During their 38<sup>th</sup> Annual Convention and Community Health Institute (CHI) in Dallas, TX this past August, the National Association of Community Health Centers (NACHC) honored health center representatives from across the country for their outstanding contributions. CHAMPS congratulates the two recipients of **Community Health Care Awards of Excellence** from Region VIII:



*Dave Myers with CHAMPS Executive Director Julie Hulstein at the CHI*

- ★ **David Myers**, President and Chief Executive Officer of Metro Community Provider Network in Englewood, CO, was chosen to receive the **2007 Aaron L. Brown Memorial Public Service Award** because of his significant contributions to the health center field and effectiveness in the public policy arena.
- ★ **Kim Mansch**, Finance Director of Partnership Health Center in Missoula, MT, was presented the **2007 Jeffrey T. Latman Leadership in Health Care Finance Award** for work exemplifying excellence, leadership, and integrity in strengthening health center fiscal operations.

*Congratulations, Dave and Kim! Thank you for your outstanding contributions.*

### **Region VIII Representative Honored for Advocacy Efforts**

Congratulations to **Jennifer Morse**, Development Director at Salud Family Health Centers in Fort Lupton, CO! Jennifer was named the **September National Community Health Advocate of the Month** by the National Association of Community Health Centers for her impressive and effective advocacy efforts. She recently created a detailed advocacy plan for Salud, expanding their advocacy network and engaging the CHC executive staff, board members, and patients in advocacy initiatives.

*Thank you for your hard work and dedication, Jennifer!*

### **Opportunity: Fellowship in Minority Health Policy**

The **Commonwealth Fund/Harvard University Fellowship in Minority Health Policy** (CFHUF) is an innovative fellowship designed to prepare physicians, particularly minority physicians, for leadership roles in formulating and implementing public health policy and practice on a national, state, or community level. Five one-year, degree-granting fellowships will be awarded per year, and Fellows will complete academic work leading to a Master of Public Health (MPH) degree at the Harvard School of Public Health, while gaining experience in and understanding of major health issues facing minority, disadvantaged, and underserved populations.

- ★ Applicants must be physicians who have completed residency, are board certified or board eligible, and are US citizens.
- ★ The fellowship is a full-time degree-granting program that takes place in Boston.
- ★ Interested physicians need to apply to the Harvard School of Public Health (December deadline) and also to the Fellowship (January 2, 2008 deadline).

*For application materials, information, and other training opportunities, please contact the CFHUF Program Coordinator; phone 617-432-2922; fax 617-432-3834; [mfdp\\_cfhuf@hms.harvard.edu](mailto:mfdp_cfhuf@hms.harvard.edu).*

# UPCOMING EVENTS – MARK YOUR CALENDARS

Visit the interactive online CHAMPS calendar - <http://www.CHAMPSonline.org/Events/Calendar.asp>

## NOVEMBER

**Monday, November 5<sup>th</sup> - Wednesday, November 7<sup>th</sup>**  
**NACHC Regional/State Primary Care Association Meeting**  
Hilton Palacio del Rio, San Antonio, TX  
<http://www.nachc.com>

## DECEMBER

**Wednesday, December 5<sup>th</sup>**  
**Introduction to Ethical Influencing**  
CHAMPS Live Webcast  
[http://www.CHAMPSonline.org/Events/Distance\\_Learning.asp](http://www.CHAMPSonline.org/Events/Distance_Learning.asp)

**Thursday, December 6<sup>th</sup> – Saturday, December 8<sup>th</sup>**  
**17<sup>th</sup> Annual Midwest Stream Farmworker Health Forum**  
Omni San Antonio, San Antonio, TX  
<http://www.ncfh.org>

## JANUARY

**Wednesday, January 16<sup>th</sup>**  
**Medications for Diabetes and Its Complications**  
CHAMPS Live Webcast  
[http://www.CHAMPSonline.org/Events/Distance\\_Learning.asp](http://www.CHAMPSonline.org/Events/Distance_Learning.asp)

**Friday, January 25<sup>th</sup> – Sunday, January 27<sup>th</sup>**  
**17<sup>th</sup> Annual Western Migrant Stream Forum**  
Red Lion Hotel at the Park, Spokane, WA  
<https://www.nwrpca.org/onevent/events.php>



**Sunday, November 12<sup>th</sup>**  
Daylight Saving Time Ends

**Monday, November 12<sup>th</sup>**  
Veterans' Day Observed

**Tuesday, November 22<sup>nd</sup>**  
Thanksgiving Day

**Tuesday, December 4<sup>th</sup>**  
Hanukkah Begins at Sundown

**Friday, December 7<sup>th</sup>**  
Pearl Harbor Remembrance Day

**Thursday, December 20<sup>th</sup>**  
Eid ul Adha (Feast of Sacrifice)

**Saturday, December 22<sup>nd</sup>**  
Winter Solstice

**Tuesday, December 25<sup>th</sup>**  
Christmas

**Wednesday, December 26<sup>th</sup>**  
Kwanzaa

**Monday, December 31<sup>st</sup>**  
New Year's Eve

**Tuesday, January 1<sup>st</sup>**  
New Year's Day

**Monday, January 21<sup>st</sup>**  
Martin Luther King Jr. Day

## Looking Forward

**CHAMPS Live Webcast:**  
**Confrontation without Conflict**  
February 7, 2008  
[http://www.CHAMPSonline.org/Events/Distance\\_Learning.asp](http://www.CHAMPSonline.org/Events/Distance_Learning.asp)

**BHPPr/BPHC**  
**SPCO & S/RPCA**  
**Meeting**  
February 28, 2008  
[vdevonish@hrsa.gov](mailto:vdevonish@hrsa.gov)

**2008 NACHC Policy**  
**& Issues Forum**  
March 11-16, 2008  
<http://www.nachc.com>

**2008 Dakota Conference**  
**on Rural & Public Health**  
March 26-28, 2008  
<http://medicine.nodak.edu/crh/dakotaconference/>

*Please let us know if your email address has changed.*

## CONTACT US

**Julie Hulstein**, Executive Director; [julie@CHAMPSonline.org](mailto:julie@CHAMPSonline.org), 303-861-5165 x226  
**Shannon Kolman**, Clinical Programs Director; [shannon@CHAMPSonline.org](mailto:shannon@CHAMPSonline.org), 303-861-5165 x236  
**Andrea Martin**, Workforce Development and Member Services Director; [andrea@CHAMPSonline.org](mailto:andrea@CHAMPSonline.org), 303-861-5165 x285  
**Erin Morrissette**, Development Officer; [erin@CHAMPSonline.org](mailto:erin@CHAMPSonline.org), 303-861-5165 x225

*Fall 2007 Conference Edition Newsletter Contributors: Andrea Martin (Editor), Erin Morrissette*

*The CHAMPS Quarterly Newsletter is supported by Grant Number 5 H68CS00150-20-00 from the Department of Health and Human Services (DHHS) Health Resources and Services Administration (HRSA) Bureau of Primary Health Care (BPHC). Its contents are solely the responsibility of CHAMPS and do not necessarily represent the official views of HRSA/BPHC. Please contact Andrea Martin with any questions or comments about this newsletter.*