Community Health Association of Mountain Plains States



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Fall 2007 Quarterly Newsletter

CHAMPS Honors Exceptional Region VIII Professionals

Each year CHAMPS recognizes outstanding contributions to the Community Health Center movement by individuals in Region VIII. Nominations are submitted by Region VIII Health Centers and Primary Care Associations, and awardees are chosen by the CHAMPS Executive Committee. The following winners of **2007 CHAMPS Awards** were honored during the CHAMPS Board of Directors Meeting on Sunday, October 21st:



Exceptional Administrative Leadership Award: Byron Geer

Chief Executive Officer of Pueblo Community Health Center; Presented by Gina Flanagan

Outstanding Advocate of the Underserved Award: Julie Lehman

Board of Directors Member at Cheyenne Health and Wellness Center; Presented by Sharon Montagnino



Physician and Quality Improvement Coordinator at Union County Health Foundation; Presented by Pam Locken

Exceptional Board Leadership Award: Caroline Sweiter

Chair of the Board of Directors for Salud Family Health Center; Presented in Caroline's absence to Salud Executive Assistant Phyllis Faulkner by Kate McIvor

Inside this Issue:

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These awardees were honored in conjunction with the 10th Anniversary Edition of the NWRPCA/CHAMPS Annual Primary Care Conference held October 20-24 at the Seattle Renaissance Hotel in Seattle, WA. CHAMPS and Northwest Regional Primary Care Association (NWRPCA) welcomed almost 400 conference attendees from across the country to enjoy formal and informal networking and educational opportunities.

For more details about the topics, speakers, and events of the 2007 conference, and for preliminary details about the **2008 Annual Primary Care Conference**, please visit http://www.champsonline.org/Events/Conference.asp.

Photos from top to bottom: Byron Geer with Pueblo CHC Board and staff members; Julie Lehman and Sharon Montagnino; Noreen O'Shea and Pam Locken; Phyllis Faulkner and Kate McIvor

Welcome New CHAMPS Clinical Programs Director

CHAMPS is pleased to welcome our newest staff member, Clinical Programs Director Shannon Kolman. Shannon began her time with CHAMPS at the Annual Primary Care Conference in Seattle, WA, and is lending her expertise to the creation and management of CHAMPS clinical programs and services. She has many years of experience coordinating preventive health programs and clinical initiatives, including childhood/adolescent health, smoking cessation, women's health, and influenza. Welcome Shannon!

Feel free to contact Shannon at 303-861-5165 x236 or shannon@CHAMPSonline.org.

CHAMPS' Development Corner

CHAMPS would like to promote two funding opportunities available to Region VIII CHCs:

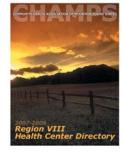
★ The Helen K. and Arthur E. Johnson Foundation, based in Colorado, funds direct service organizations that focus on community and social services, youth, health, seniors, education, and civic and cultural initiatives. More information can be found on their website at http://www.johnsonfoundation.org.

★ The Robert Wood Johnson Foundation has announced an upcoming Call For Proposals (CFP) for its Vulnerable Populations grant program. The Reclaiming Futures: Communities Helping Teens Overcome Drugs, Alcohol & Crime CFP will be released in November 2007. For more information on this, and other grant opportunities with the Robert Wood Johnson Foundation, please visit http://www.rwjf.org.

Please contact Erin Cummings Morrissette at (303) 861-5165 x225 or erin@CHAMPSonline.org for more information.

Looking for a Colleague in Region VIII?

The CHAMPS 2007-2008 Region VIII Health Center Directory is now available in print and online. This comprehensive listing of all Region VIII Community, Homeless, and Migrant Health Centers (CHCs) and state Primary Care Associations showcases Region VIII's health centers while facilitating networking and the sharing of best practices between professional staff.



CHAMPS Organizational Members have already received one free copy of the printed version of the directory and have access to the searchable online version located in the **Members Only** section of the CHAMPS website. Non-members and other interested parties nationwide are invited to purchase a printed copy.

For more information and to download an Order Form to purchase additional copies, please visit http://www.CHAMPSsonline.org/tools/PubsElectronicMedia/Publications/default.asp#directory.

New Region VIII Behavioral Data Summary Now Available

The latest edition in a series of reports offering state, regional, and national side-by-side data is now available on the CHAMPS website. **The Region VIII Behavioral Data Summary** provides adult and youth data from the Centers for Disease Control (CDC), Behavioral Risk Factor Surveillance System, focusing on rates for behaviors such as smoking, alcohol consumption, physical activity, and preventive health screenings. This and other Region VIII data summaries (addressing demographics, women's health, and mortality) are useful tools for needs assessments, program and service development, and quality improvement efforts.

To view and print the **Region VIII Behavioral Health Data Summary** please visit http://www.CHAMPSonline.org/tools/PubsElectronicMedia/Publications/default.asp#data.

CHAMPS NEWS, CONTINUED

HRSA Opportunities and Announcements

On September 28, 2007 the Health Resources and Services Administration (HRSA) announced a **New Access Point (NAP) grant competition** for Fiscal Year 2008. Applicants must apply electronically through Grants.gov, http://www.grants.gov/, no later than 8:00 PM Eastern Time on December 18, 2007. For more details and to download the guidance, please visit: https://grants.hrsa.gov/webExternal/FundingOppDetails.asp?FundingCycleId=2FABCACB-0300-46D3-958F-1BB9D021CA11&ViewMode=EU&GoBack=&PrintMode=&OnlineAvailabilityFlag=&pageNumber=&version=&NC=&Popup

In early October HRSA also released the **Calendar Year (CY) 2008 Performance Review Schedule** for the Office of Performance Review (OPR). Performance reviews allow OPR to measure program performance, analyze factors impacting performance, and identify effective strategies and partnerships to improve performance. Visit http://www.hrsa.gov/performancereview/ to see the CY 2008 schedule.

The **Fiscal Year 2008 Primary Care Association (PCA) Continuation Guidance** was published on October 24, 2007. Applicants are required to submit applications electronically, with submissions into Grants.gov due on December 7, 2007, with Supplement Information due into HRSA's Electronic Handbooks (EHBs) by December 21, 2007.

On February 28, 2008 HRSA's Bureau of Health Professions (BHPr) and Bureau of Primary Health Care (BPHC) will hold the **State Primary Care Office and State/Regional Primary Care Association Meeting** at the Hilton Washington Hotel in Washington, DC. HRSA is seeking three PCO and three PCA representatives to work on a planning committee for this event. To volunteer for the planning committee and for more information about this opportunity to network, collaborate, and exchange ideas, please contact Valorie DeVonish, vdevonish@hrsa.gov, or Tracey Orloff, torloff@hrsa.gov.

Don't miss HRSA's newly redesigned website, http://www.bphc.hrsa.gov/. The updated site is more user-friendly, ensuring that resources are current, relevant, and easy to locate.

Health Centers Receive Highest OMB Rating

The US Office of Management and Budget (OMB), together with Federal agency partners, assesses the performance of all Federal programs to make sure they are working well for the American people. The tool OMB uses for this assessment, the Program Assessment Rating Tool (PART), includes 25 questions addressing the program's purpose and objectives, strategic planning, management, and program results. The results of this questionnaire are used to give a rating of Effective, Moderately Effective, Adequate, or Ineffective, and are then used to develop a program improvement plan.

Health Centers recently received a rating of Effective, the highest rating a program can achieve. According to OMB, programs that receive an Effective rating "set ambitious goals, achieve results, are well-managed and improve efficiency." The program improvement plan includes:

- ★ Implementing a program-wide collection of core quality of care and health outcome performance measures, including hypertension and diabetes-related outcomes, from all grantees by 2009.
- ★ Working with Congress to reauthorize the Health Centers Program.
- ★ Conducting a national survey of Health Center users, in collaboration with the National Center for Health Statistics, in order to expand and update information on program performance and impact.

Read more about OMB ratings and learn about specific assessment details for Health Centers at http://www.whitehouse.gov/omb/expectmore/summary/10000274.2007.html.

WORKFORCE DEVELOPMENT NEWS

Encouraging successful careers and strong, cutting-edge organizations by providing live and archived continuing education, recruitment and retention tools, and the latest information on current trends and statistics

Webcast Series Encourages Positive Workplace Interactions

The first session in the CHAMPS webcast series Change for the Better: Creating Work Relationships that Work was met by great appreciation on October 4th by over 200 participants from eight states. "Creating Positive Work Relationships: Tools for Increasing Trust and Building Commitment to Shared Goals," is now available as an online archive and will soon be released on CD-ROM. Please see page five for more details about this and other CHAMPS archives.

The three webcasts in this series are presented by Libby Wagner, and designed to help CHC and PCA clinical staff, non-clinical staff, and board members create positive relationships with coworkers and peers, ultimately improving productivity, trust, and morale in the workplace. Participants will leave with concrete resources, specific communication tools, and immediately useable skills for creating positive change in the workplace.

Read on for more information about Sessions Two and Three:

SESSION TWO - INTRODUCTION TO ETHICAL INFLUENCING: Asking for What You Want and Making Behavior Requests

Wednesday, December 5, 2007, 11:30am – 1:00pm Mountain Time

- *Converting undesirable behaviors to desirable behaviors
- *Dealing with real-time issues that need to be resolved
- *Utilizing specific, positive feedback as an additional influencing tool Registration Link:

https://compx17.eventcenterlive.com/cfmx/ec/register/reg.cfm?BID=1&RegID=037683D7

SESSION THREE – CONFRONTATION WITHOUT CONFLICT: How to Address Difficult Issues Directly and Respectfully

Thursday, February 7, 2008, 11:30am – 1:00pm Mountain Time

- *Three kinds of respectful confrontations
- *Dealing with tough emotional interactions
- *Strengthening relationships through honest communication Registration Link:

https://compx17.eventcenterlive.com/cfmx/ec/register/req.cfm?BID=1&ReqID=038144E5

Participation is free for Region VIII CHCs and PCAs. Other participants will be charged \$50/webcast link and \$15/person for CME credit after the event.

All registration links and details about these and other Distance Learning opportunities can be found at http://www.CHAMPSonline.org/Events/Distance Learning.asp.

Clinical Webcast to Address Diabetes Medications

CHAMPS will offer a new clinical webcast, Medications for Diabetes and Its Complications; A Case-Based Approach, on January 16, 2008. Please see page six for more details. (Look for the "medication" clip art!)

Participant Comments from Session One:

- Hands down one of the best and most useful workshops I've attended!
- My whole office participated and we enjoyed the training thanks!
- Excellent content and presentation
- There are always some problems or challenges in the workplace with others. I found many possibilities for solving my challenges here.

You may attend any

session separately.

combination of sessions.

Please register for each

These events will be offered for 1.5 hours of CME credit (determination of credit is pending).

WORKFORCE DEVELOPMENT NEWS, CONTINUED

Replay Number: 155844

Replay Number: 1286132153

Replay Number: 2146000485

CHAMPS Archived Webcasts



All CHAMPS webcasts are archived online and on CD-ROM to give Region VIII CHCs and PCAs the on-demand opportunity to participate in continuing education. Online archives are available for one year beyond the live presentation date. Most archives are also available for 1.5 hours of Continuing Medical Education (CME) credit for one year. For descriptions of available online education, please visit

http://www.CHAMPSonline.org/Events/Distance_Learning.asp.

Currently available online archives include:

Gestational Diabetes: New Concepts, New Guidelines

Presented by Linda Barbour, MD, MSPH

*Online through February 2008

*CME credit is available through February 2008

Promoting Successful Tobacco Cessation:

Treatment Recommendations & Systems Changes for CHCs Presented by Jeffrey J. Cain, MD

*Online through March 2008

*CME credit is not available for this archived event

*To download and print a list of

Updates, Clarifications, and More Useful Material for this webcast, please visit http://www.CHAMPSonline.org/events/DistanceDocuments/TobCessWebcastUpdates.pdf

Creating Positive Work Relationships: Tools for Increasing Trust &

Building Commitment to Shared Goals

Presented by Libby Wagner

*Online through September 2008

*Application for CME credit has been filed with AAFP. Determination of credit is pending.

To view an online archive, visit http://www.ycall.com/replay and enter the Replay Number.



CD-ROMs of these events are available approximately one month after the live presentation date. One free copy of each CD is distributed to current CHAMPS Organizational Members, and additional copies may be purchased, or borrowed through the CHAMPS Lending Library. For more information about buying or borrowing archived

webcasts on CD-ROM, please visit http://www.CHAMPSonline.org/Tools/PubsElectronicMedia.

Interested in "Growing Your Own"?

If you know a potential medical or dental student interested in working in community health, please see page eight for details about AT Still University's **Hometown Health Center Partnerships**.

RESOURCE: A Look at Nonprofit Compensation

In early October, GuideStar.org released the **2007 GuideStar Nonprofit Compensation Report**, based on observations from over 56,000 Forms 990 filed by 501(c) organizations during Fiscal Year 2005. For highlights about the report's findings relating to gender, program area, and geography, visit http://www.guidestar.org/DisplayArticle.do?articleId=1162.

MOUNTAIN/PLAINS CLINICAL NETWORK (MPCN) NEWS

Providing professional, administrative, and educational support to all clinicians that practice in Community, Migrant, and Homeless Health Centers in Region VIII to ensure the delivery of the highest possible quality of care to poor and underserved populations

Upcoming Clinical Webcast Addresses Diabetes Medications

Region VIII CHC and PCA clinicians, we invite you to attend an upcoming clinically-themed CHAMPS webcast. This event will include 1.5 hours of continuing medical education and continuing pharmacy education credit (determination of credit is pending).



Medications for Diabetes and Its Complications; a Case-Based Approach

Date/Time: Wednesday, January 16, 2008 from 11:30am – 1:00pm Mountain Time **Presenter:** Laura Shane-McWhorter, PharmD, Professor, Department of Pharmacotherapy, University of Utah College of Pharmacy

Using patient cases, participants will be able to:

- ★ Discuss the current controversy surrounding glitazone use.
- ★ Describe use of newer agents for diabetes including inhaled insulin and DPP-IV inhibitors.
- ★ List new American Heart Association target blood pressures for specific disease states.
- ★ Review information regarding the direct renin inhibitor, aliskiren.
- **★** Discuss priorities in hyperlipidemia treatment in patients with diabetes.

Free for Region VIII Community, Migrant, and Homeless Health Centers and Primary Care Associations (others will be charged \$50/webcast link and \$15/person for CME credit after the event).

Advance registration is required. Please register online at

<u>https://compx17.eventcenterlive.com/cfmx/ec/register/reg.cfm?BID=1&RegID=43A750F7</u> or visit <u>http://www.CHAMPSonline.org/Events/Distance_Learning.asp</u> to link to the registration page.

MPCN Steering Committee 2007 Achievements & Open Positions

The MPCN Steering Committee plays a vital role in supporting Region VIII clinicians by guiding CHAMPS' clinical programs to ensure that these programs and other clinical services meet the needs and challenges of MPCN. Many thanks to the MPCN Steering Committee members for providing suggestions and guidance that facilitated the development of these 2007 Achievements:

- ★ A teleconference addressing immunization guidelines, coverage, and billing
- ★ A Region VIII CHC Clinician's Listserv
- ★ Clinical webcasts focused on obesity management, gestational diabetes, and tobacco cessation
- ★ A three-day face-to-face Spanish Language Intensive Training for health professionals
- ★ Clinically themed Annual Primary Care Conference sessions addressing obesity, behavioral health, chronic pain, and oral health problems of methamphetamine users

Region VIII clinicians, would you like to help guide the development of future CHAMPS products and services? The MPCN Steering Committee has committee positions open for CHC providers working in Colorado, North Dakota, and Wyoming. As an MPCN Steering Committee member, you'll have the opportunity to meet and network with colleagues while guiding clinical programs and offerings throughout Region VIII. Steering Committee members are asked to participate in every other month, one-hour conference calls, and are invited to meet face-to-face at the Annual Primary Care Conference held each year in October. This is a wonderful opportunity to help shape MPCN, and for clinicians thinking of moving into management or politics in the future, participation on the MCPN Steering Committee "looks great on a resume".

Visit http://www.CHAMPSonline.org/about/MPCN for more information about MPCN programs and activities. If you have questions or are interested in volunteering for the Steering Committee, please contact shannon@CHAMPSonline.org.

MPCN NEWS, CONTINUED

RESOURCE: Spanish Women's Health and Wellness Materials

The **Bright Futures for Women's Health and Wellness** (BFWHW) initiative, a project of the Health Resources and Services Administration (HRSA), Office of Women's Health, contains materials designed to empower women in their health care decision-making and to support community-wide health promotion efforts. A variety of materials are available for consumers, primary care providers, and communities; currently available tools address physical activity and healthy eating, and materials for adult women are available in Spanish. (Reference inventory codes MCH00178 for English and MCH00208 for Spanish.)

Download free materials at http://www.hrsa.gov/womenshealth.

Request free print copies from the Health Resources and Services Administration's Information Center, 1-888-ASK-HRSA or <u>ask@hrsa.gov</u>.

REGIONAL AND NATIONAL NEWS

To submit an article about state, regional, or national news, please contact <u>andrea@CHAMPSonline.org</u>.

Region VIII Awardees: NACHC Community Health Care Awards of Excellence

During their 38th Annual Convention and Community Health Institute (CHI) in Dallas, TX this past August, the National Association of Community Health Centers (NACHC) honored health center representatives from across the country for their outstanding contributions. CHAMPS congratulates the two recipients of *Community Health Care Awards of Excellence* from Region VIII:

★ David Myers, President and Chief Executive Officer of Metro Community Provider Network in Englewood, CO, was chosen to receive the 2007 Aaron L. Brown Memorial Public Service Award because of his significant contributions to the health center field and effectiveness in the public policy arena.



David Myers with CHAMPS Executive Director Julie Hulstein at the CHI

★ Kim Mansch, Finance Director of Partnership Health Center in Missoula, MT, was presented the **2007 Jeffrey T. Latman Leadership in Health Care Finance Award** for work exemplifying excellence, leadership, and integrity in strengthening health center fiscal operations.

Congratulations, David and Kim! Thank you for your outstanding contributions.

Region VIII Representative Honored for Advocacy Efforts

Congratulations to **Jennifer Morse**, Development Director at Salud Family Health Centers in Fort Lupton, CO! Jennifer was named the **September National Community Health Advocate of the Month** by the National Association of Community Health Centers for her impressive and effective advocacy efforts. She recently created a detailed advocacy plan for Salud, expanding their advocacy network and engaging the CHC executive staff, board members, and patients in advocacy initiatives.

Thank you for your hard work and dedication, Jennifer!

REGIONAL AND NATIONAL NEWS, CONTINUED

Recruiting Hometown Medical and Dental Students

The National Association of Community Health Centers (NACHC) and AT Still University have partnered to open new dental and medical schools to assist with supplying primary care providers for health centers. Both schools are seeking community-minded applicants, and give preferential status to students applying through the **Hometown Health Center Partnerships** program. To be a part of this program, potential students must be recommended by health centers, and Region VIII health centers are encouraged to identify appropriate candidates, have them to *submit applications for the class of 2008 by December 1, 2007*, and write a letter of reference and support (forwarded to Gary Cloud, separate from the application). For more information, visit http://www.atsu.edu/and/or contact Gary Cloud at gcloud@atsu.edu.

Fellowship Opportunities

The Commonwealth Fund/Harvard University Fellowship in Minority Health Policy (CFHUF) is an innovative fellowship designed to prepare physicians, particularly minority physicians, for leadership roles in formulating and implementing public health policy and practice on a national, state, or community level. Five one-year, degree-granting fellowships will be awarded per year, and Fellows will complete academic work leading to a Master of Public Health (MPH) degree at the Harvard School of Public Health, while gaining experience in and understanding of major health issues facing minority, disadvantaged, and underserved populations.

- ★ Applicants must be physicians who have completed residency, are board certified or board eligible, and are US citizens.
- **★** The fellowship is a full-time degree-granting program that takes place in Boston.
- ★ Interested physicians need to apply to the Harvard School of Public Health (December deadline) and also to the Fellowship (January 2, 2008 deadline).

For application materials, information, and other training opportunities, please contact the CFHUF Program Coordinator; phone 617-432-2922; fax 617-432-3834; mfdp_cfhuf@hms.harvard.edu.

Families USA, a national nonprofit, non-partisan organization dedicated to the achievement of high-quality, affordable health care for all Americans, has worked at the national, state, and community levels to provide an effective voice for health care consumers for 25 years. They have created two year-long, full-time, salaried fellowships in their Washington, DC office to assist the organization's efforts to improve access to health coverage for all Americans.

- ★ The Wellstone Fellowship for Social Justice fosters the advancement of social justice through participation in health care advocacy work that focuses on the unique challenges facing many communities of color, with the hope of expanding the pool of talented social justice advocates from underrepresented racial and ethnic minority groups. The ideal candidate must demonstrate an interest in health care policy and racial/ethnic health disparities and will display the potential to contribute to social justice work after their year of hands-on experience as a fellow. You can find more information, including a downloadable application form, at http://www.familiesusa.org/about/wellstone-fellowship.html.
- ★ The Villers Fellowship for Health Care Justice aspires to develop a network of young leaders who share a passion for health care justice. Villers Fellows will conduct research on a range of health care policy issues, and write and contribute to publications that are relevant to current health policy debates. Additionally, in order to encourage the development of future leaders, Villers Fellows must commit to mentoring at least one person over the course of their careers. You can find more information, including a downloadable application form, at http://www.familiesusa.org/about/the-villers-fellowship.html.

The application deadline for both fellowships is January 15, 2008.

UPCOMING EVENTS – MARK YOUR CALENDARS

Visit the interactive online CHAMPS calendar - http://www.CHAMPSonline.org/Events/Calendar.asp

DECEMBER

Wednesday, December 5th
Introduction to Ethical Influencing

CHAMPS Live Webcast

http://www.CHAMPSonline.org/Events/Distance_Learning.asp

*Thursday, December 6th – Saturday, December 8th*17th Annual Midwest Stream Farmworker Health Forum
Omni San Antonio, San Antonio, TX

http://www.ncfh.org



Wednesday, January 16th Medications for Diabetes and Its Complications

CHAMPS Live Webcast

http://www.CHAMPSonline.org/Events/Distance Learning.asp

Friday, January 25th - Sunday, January 27th 17th Annual Western Migrant Stream Forum

Red Lion Hotel at the Park, Spokane, WA https://www.nwrpca.org/onevent/events.php

Tuesday, December 4th Hanukkah Begins at Sundown

Friday, December 7th Pearl Harbor Remembrance Day

Thursday, December 20th Eid ul Adha (Feast of Sacrifice)

Saturday, December 22nd Winter Solstice

Tuesday, December 25th Christmas

Wednesday, December 26th Kwanzaa

> Monday, December 31st New Year's Eve

Tuesday, January 1st New Year's Day

Monday, January 21st Martin Luther King Jr. Day



2007 UDS TRAININGS IN REGION VIII

November 8-9 Cheyenne, WY donna@wypca.org December 5-6
Colorado Springs, CO
ross@cchn.org

December 12-13
Billings, MT
smorse@mtpca.org

December 11-12
Sioux Falls, SD
melissa@communityhealthcare.net

January 10-11 Salt Lake City, UT workforce@auch.org

Looking Forward

CHAMPS Live Webcast: Confrontation without Conflict February 7, 2008

http://www.CHAMPSonline.org/ Events/Distance Learning.asp BHPr/BPHC SPCO & S/RPCA Meeting

February 28, 2008 vdevonish@hrsa.gov

2008 NACHC Policy & Issues Forum March 11-16, 2008 http://www.nachc.com

2008 Dakota Conference on Rural & Public Health March 26-28, 2008 http://medicine.nodak.edu/ crh/dakotaconference/

Please let us know if your email address has changed.

CONTACT US

Julie Hulstein, Executive Director; <u>julie@CHAMPSonline.org</u>, 303-861-5165 x226 **Shannon Kolman**, Clinical Programs Director; <u>shannon@CHAMPSonline.org</u>, 303-861-5165 x236 **Andrea Martin**, Workforce Development and Member Services Director; <u>andrea@CHAMPSonline.org</u>, 303-861-5165 x285

Erin Morrissette, Development Officer; erin@CHAMPSonline.org, 303-861-5165 x225

Fall 2007 Conference Edition Newsletter Contributors: Shannon Kolman, Andrea Martin (Editor), Erin Morrissette

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